



## *Herman's Story*

In 2004 Herman Gonzales was working as a truck driver and supporting his wife and two young children when he was hit by a car while crossing the street. His leg was severely broken and required surgical repair. While he was able to get the surgery, he ended up with a severe leg infection that left him disabled with progressively worsening problems in his leg. He also suffered from uncontrolled diabetes and high blood pressure which made his recovery even more difficult. Left untreated he would soon have lost his leg or lost his life.

It was during this time

that he first came to Salud Total, at the same time we were starting efforts to provide the consistent, reliable, and quality care that he so desperately needed. By providing control of his diabetes and high blood pressure along with antibiotics and supervised wound treatments his leg finally healed. This has allowed him to return to work, this time as a taxi driver, and support his family. By providing \$100 worth of medical care he has been able to support his family the last 5 years. What a great investment!

Problems like Herman's require more than urgent care to be fixed. By



*Herman with his Taxi*

creating a system that provides ongoing care we can treat disease not only more cheaply, but more effectively. The end result is incredible. Whole families kept from homelessness and starvation by providing treatment at the right time in the right way. Without your support this would not be happening. Thank you for making a difference!

## *Announcing our new web site...again*

Thanks for your patience as we worked out the kinks in our new web site. We are very excited to have the new site up and running. We hope you will find it easier to navigate and use.

This new site has some fun new features, but they are

sometimes blocked by firewalls. If you do not see the slide show on the front

*A computer lets you make more mistakes faster than any invention in human history - with the possible exceptions of handguns and tequila. ~Mitch Ratcliffe*

page, or if you are unable to view the pictures simply open your firewall and allow pop-ups and cookies for [www.totalhealth.org](http://www.totalhealth.org). If you have any problems with the site just email me and we'll try to help you figure it out.

## *Helping during hard times*

As the United States has struggled with the deepest recession most of us have seen in our lifetime, it has been encouraging to see so many people step up to help. The generosity of the American people is amazing and often under-appreciated. The US unemployment rate just moved up to 8.5%, but the other 91.5% seem to be ready to help.

While the US struggles through this time, other countries around the world are suffering right along with us. In Honduras the unemployment rate was as high as 40% during the good times. This has deteriorated rapidly during this world wide recession. Despite these discouraging numbers there are thousands of people who are working

together to help each other. We would like to thank you for continuing to support the work being done in Central America. Without your support a hard time would be much worse.

As we continue to work through these trying times please join us in grabbing this opportunity to change lives.

*Helping during hard times can seem impossible, but giving \$1 a day (\$30 a month) makes it easy and can change a life forever.*

*If you would like to give monthly just contact us for more details.*

***If you would like more information about [Total Health](http://www.totalhealth.org):***

Visit our website at: [www.totalhealth.org](http://www.totalhealth.org) (Updated on a regular basis.)

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