



Saving lives...physically and spiritually

As we continue to work toward starting a full time medical clinic in Nicaragua, we are periodically sending medical teams to Managua to work. During one of these trips last year, we were able to see hundreds of patients and provide free medical care to them. While we knew that care was going to help many people, we didn't know how far it would reach until we received the following email a couple months ago...

The following email was sent to us in November 2009:

A Total Health medical team came to Managua, one day they provided medical services in a not-so-poor neighborhood. Kind of weird because most medical teams go to places of extreme poverty.

This time a lady came with her child who had fever. Her marriage had failed, he kicked her and her two children out of the house, and then through government connections, he managed to have her fired from Channel 8, where she was a news caster and presenter. When she came, she was living with a sister in terrible conditions, life had changed so dramatically.

When she came, she

received Christ, started doing lessons, baptized, joined the church.

Two weeks ago she confessed to pastor Angel and his wife, that coming to that clinic was the best thing that ever happened to her. She had a very detailed plan of how she was going to kill her two children and herself to end all the suffering. Now she has a job presenting news in another channel and is living a stable life. She is very thankful to the Lord, and she says, she came for healing and instead got saved and directly that visit saved her life.

Her name is Suyen Cortez. Go ahead and google her name and you will know more about her, her career, there are enough links to make you encouraged.



Suyen Cortez

When we travel to other countries to provide care, we are always giving much more than just medicine. We give hope to the hopeless. We show kindness to the hurting. This is a life changing opportunity for so many people. Sometimes we save lives because we make the right diagnosis and give the right medicine, but sometimes we save lives because we take the time to care.

*The greatest mistake in the treatment of diseases is that there are physicians for the body and physicians for the soul, although the two cannot be separated.
~Plato*

How to donate without donating...

Total Health is proud to announce a Total Health credit card. When this card is used 1% of the amount charged will be donated to Total Health. This is a great way to support those in need during your everyday activities.

While we certainly want to encourage everyone who is interested to sign up for a card, we also want to encourage responsible use of the card. Please remember to pay off your credit cards in full every month.

To sign up for a Total Health credit card please go to <https://www.cardlabconnect.com/totalhealth> and follow the instructions.

You can, of course, continue to support Total Health with your individual donations. You can donate online at www.totalhealth.org. You can also donate by check, simply make your check payable to “Total Health” and mail it to PO Box 424, Lewis Center, OH 43035.

2009 in Review

2009 was another great year! We provided quality medical care to some of the poorest people in our hemisphere over 14,000 times. This included a visit with a doctor or dentist, all needed labs, procedures, and medications. Thanks for your continued support. Without you none of this would be possible!

If you would like more information about [Total Health](http://www.totalhealth.org):

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