



Welcome to our new Executive Director

God has blessed this ministry in incredible ways and we have seen tremendous growth over the last 10 years. We have seen many thousands of lives changed and developed lasting relationships with people around the world. Given this growth and it's tremendous impact , we are all committed to expanding Total Health to more areas but our organization is getting too large to run without more help. We struggle just to keep up with the work needed to maintain our current ministries, so it is the perfect time to make the transition to new leadership who can devote more time and resources to the running of the organization.

That is where Jay Flinn comes in. Jay was one of the founding members of Total Health and has served on our board of directors from day one. During that time he also worked as the chief financial officer of a large nuclear pharmaceutical company followed by serving as vice president of commercial operations of a large generic pharmaceutical manufacturer. He has retired from the corporate world and will now be taking

over operations for Total Health.

This is an incredibly exciting time. With his expertise in both business and in charitable work he will be able to provide direction and development that we have simply not been able to do. Jay will be able to work with all of our supporters to better communicate and serve your needs, while at the same time work on expanding our partnerships to include more churches, organizations and individuals.



Jay and Darla Flinn
in new areas. This will mean we can impact more people and at the same time provide our supporters growing opportunities to travel and serve in different regions on different projects.

Please join me in welcoming Jay to his new position. If you would like to help us as we start working in new locations please let us know.

Thank you to everyone who has supported us so generously for the last 10 years. It has been an investment that has paid tremendous dividends and we are excited to see it grow even more.

“Those who are happiest are those who do the most for others.”

Booker T. Washington

In anticipation of this, we are actively working to develop relationships in Latin America that will allow us to replicate medical clinics, children's programs and construction programs

Total Health

While in Honduras last February I had the chance to spend some time with some of the children who are in the CDI program in La Ceiba. We had a great time playing together, but after a while they had to head home. When 2 of the girls were leaving the other girls said goodbye to them saying “don't get violated on your way home”. It's time like these when you realize the very real dangers and struggles these children face on a daily basis. Poor health, poor sanitation, poor safety, poor education...it all adds up to produce children that have little hope for the future. It can feel overwhelming to try to figure out how to help

them, but sometimes we don't need fancy answers, we just need to help with the basics.

That is what we are doing at Total Health. We provide quality basic healthcare to people who otherwise would not have any. This produces healthier parents who can better support their families along with children who can grow and learn more effectively. We also help

provide safe and sanitary housing through the Total Home program. Moving from a dirt floor to a concrete floor home can reduce disease by itself. If you add in the security of working doors, a roof that does not leak and screened windows to keep out mosquitoes you have made an incredible difference for everyone in that home. Finally, we help support the CDI program. CDI is a children's development

program that provides nutrition, education assistance, and daytime safety for children at risk. We can't fix everything for the families we serve, but we can make a huge difference and do it in a way that gives people the greatest chance of helping themselves.

- Jay Martin

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If you would like more information about *Total Health*:

Visit our website at: www.totalhealth.org

US Executive Director:

Jay Flinn

Phone: 614-364-4123

Email: jflinn@totalhealth.org

Central America Administrator:

Merphran Irias

Phone: 614-364-4126 (this US phone number will ring him in Honduras)

Email: merphran@totalhealth.org