



## Matching Grant – Double Your Impact

It has been almost ten years since Total Health started with a single clinic in La Ceiba, Honduras. In the midst of expanding drug wars and gang violence, the clinic has become a beacon of hope in the community. While other medical facilities are failing, Salud Total continues to serve those in need, seeing over **12,000 patients annually**.

And two years ago, in 2011, working with the local Managua community, we open a second Total Health clinic. I am pleased to report that the Managua clinic is a thriving part of the community, seeing over **5,000 patients annually** that would otherwise receive little to no medical care.



The end of the year is a critical time for charities like Total Health. Approximately 35% - 40% of our annual donations are received between the middle of November and mid January. The next two months are key enablers to meet our continuing goals for the upcoming service year.

The annual operating requirement for the two clinics are approximately \$80,000. This is about **\$5 per patient** to cover the costs of the physician, supplies, medications, procedures and education. Such a small cost to help improve the health of a community.

In order to continue to serve those in need, we are excited to announce that we have received another **matching grant opportunity** this year. But we need your help to take full advantage of this generous grant. This is your chance to **double the impact** of your donation. Contributions made between now and the end of the year will be **matched dollar for dollar**. What better Christmas gift can we give than the hope of a healthy future?!



Thank you once again for all of your support. Your continued generosity has helped provide healthcare to thousands of Central Americans that would otherwise go without. At Total Health we are privileged to partner and serve with you. You are impacting and changing lives around the world.

**Double Your  
IMPACT!**

**Donation Info  
on Page 2!!**

## Matching Grant

This is your opportunity to **double the impact** of your donation.



Donating is very easy. You can simply mail your check made out to “Total Health” to PO Box 424, Lewis Center, OH 43035. Or you can visit our website at [www.totalhealth.org](http://www.totalhealth.org) and donate online with a credit or debit card.

Your contributions are tax deductible and you will receive a document in early 2014 detailing all your contributions to Total Health for the year.

On behalf of all of us at Total Health and thousands of Central Americans, thank you again for all of your support. You are making a difference for many around the world.



**TO DONATE**  
Make checks out to  
“Total Health” and  
mail to PO Box 424  
Lewis Center, OH  
43035

Or

Donate online at  
[www.totalhealth.org](http://www.totalhealth.org)

***If you would like more information about [Total Health](http://www.TotalHealth.org):***

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US Chief Operations Officer:  
Jay Flinn  
Phone: 614-364-4123  
Email: [jflinn@totalhealth.org](mailto:jflinn@totalhealth.org)

Central America Administrator:  
Erick Pineda  
Phone: 614-364-4126 (this US phone number  
will ring him in Honduras)  
Email: [ericfep@gmail.com](mailto:ericfep@gmail.com)