



El Salvador – New Clinic Opening

In early 2012 we began exploring the possibility of adding additional Total Health sites in Central America. It always amazes me that when the timing is right, all the pieces of the plan seem to simply fall into place. Accordingly, we are thrilled to announce the upcoming opening of our clinic in Guayabo, El Salvador. Guayabo is a village just outside of San Salvador that will service as many as 30,000 within walking distance.

Similar to the model of our existing clinics in Honduras and Nicaragua, the El Salvador clinic is situated adjacent to other established facilities constructed as part of a larger plan to help those in need in Guayabo and the surrounding areas. Total Health will provide the basic primary medical care and there are also programs to help with nutrition, education and spiritual care. As these programs grow and work together we can empower those we serve to improve their lives and their futures.

This clinic could not be made possible without the the various partners that have stepped up to make this a reality. We are

extremely excited to be partnering with organizations that share our passion and desire to help those less fortunate.

We are very please to be partnering with **Rock City Church** in Columbus, Ohio in order to bring this clinic to reality. While new to Total Health, Rock City is not at all new to Central America and the needs of the communities. They have been working with and serving the San Salvador community in various ways over the past year.

“Wars of nations are fought to change maps. But wars of poverty are fought to map change.”

Muhammad Ali

As is our model in other areas we are also blessed to be partnering with a vibrant in-country church community, **Iglesia Gran Comision**, that is providing the facility that houses the clinic. Pastor



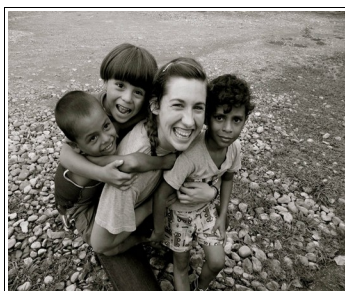
Dr. Inri and his wife Carla

Victor Turcios has a true passion for helping those in need in his local community.

The clinic will open in February with opening ceremonies scheduled for February 16. The local doctor, Dr. Inri, has been hired and the first medication order is in process. Dr. Eva Gregory and Pompey Community Church from Pompey, NY will lead a short-term mission trip that week to assist with the clinic opening. Both Dr. Eva and Pompey Community Church have been long standing Total Health supporters.

As we approach our 10 year anniversary, it is a very exciting time for Total Health. Thank you to all of you that have made our vision possible. With your support, we believe we are changing the lives of thousands of people in desperate need.

Total Health – Come, Join Us For a Mission



Sometimes the pay you get working in Central America is pretty amazing.

Elizabeth Martin is the daughter of Total Health president, Dr. Jay Martin. Elizabeth has traveled to Central America many times as part of short-term mission trips beginning around the age of 13. Now a senior in college, Elizabeth traveled to La Ceiba, Honduras for a month-long stay as a solo missionary, returning last week just in time to return to school. I was

able to catch up with Elizabeth and asked her if she would share some insights about her recent trip. The following are some of her thoughts regarding serving in Central America and her experiences there.

These mission trips have impacted me greatly. They have shown me what it really means to have compassion and to serve and love your neighbor. These are traits that I have heard over and over, but it is really different when you see it acted out and get to be a part of it. It is easy to get caught up in the culture of always wanting more. But the people we serve in Central America are

all very poor, yet they are willing to give and to serve those around them. It has given me a passion to serve, even in my local community.

If you go, recognize that you will be used to make a difference. Things will most likely not go as you expected, so a high degree of flexibility is needed. Be prepared for spontaneous adventures, but also be prepared for an unbelievable experience that will change you in good ways that you never thought possible.

I will definitely go back!

I want to thank Elizabeth for taking the time to give

us her candid thoughts regarding the trip. Total Health is currently putting together the 2014 short-term mission schedule. If you would like join a team please contact me at jflinn@totalhealth.org to get the process going. I can promise you that you will not regret making the trip.



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