



A Tale of Two Babies

Dr. Walter Bonilla, the Total Health doctor in the Managua clinic, has a great heart for the children in his community. When he walks the neighborhoods, the children all run to greet him and give him hugs. We are truly blessed to have Dr. Walter serving the Managua neighborhoods.

Dr. Walter told us about two babies, Yahir and Ian, that he recently saw at the clinic. These are two drastically different stories with equally blessed outcomes.



Baby Ian

Baby Ian

Baby Ian is ten months old in this picture. He is big for his age, weighing 31 pounds. Ian was fighting a bout of the flu, and after a week of anti-flu treatments Ian's parents brought him back to the clinic. Ian was having difficulty breathing, had a severely stuffy nose and was coughing. Dr. Walter diagnosed Ian with pneumonia and quickly

began a treatment that required Ian to visit the clinic daily for the next week. During that week, Ian received daily medication injections and nebulizer breathing treatments. Dr. Walter is happy to report that at the end of the treatments, Ian is happy and healthy. I think his smile in the picture says it all. Dr. Walter says that Ian's parents are very thankful for the generous people that have supplied the resources to provide the medications that allowed Ian to get well. Without all of you who support Total Health, these medications would not otherwise have been available to treat this small child.

Baby Yahir

Baby Yahir is a much different story than we normally tell. It is a story that reflects how the "total health" of the community and its residents are cared for. The story begins with a visit to the clinic by Yahir's mother about 18 months ago. At that time, Yahir's mother was pregnant and she visited the Total Health clinic to find out how to terminate her pregnancy. Dr. Walter was able to talk to her about her question and the alternatives. During the discussion, Dr. Walter shared with her that God loves her and the forgiveness

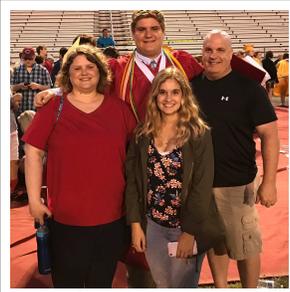


Baby Yahir

that comes through the gospel. After praying with the mother, she left and never came back to the clinic... until this picture of Yahir was taken. The mother continued her pregnancy and Yahir is now a healthy 8 month old baby boy. The mother stopped into the clinic to say thank you to Dr. Walter!

There are times when it is not the physical needs of the patient that are important. Like the case of Yahir's mother, emotional and spiritual care are needed. The Total Health model of partnering with community churches and local health-care providers allows for the complete care of the individual. As a part of the neighborhood clinic and the church, Dr. Walter can be involved in the lives of his patients and is in a unique position to care for the whole person, not just the physical ailments.

A Tale of a Teenage Missionary



Derek Herman & Family

Derek Herman is a recent high school graduate. His family has supported Total Health financially and through short-term trips for many years. Derek will be starting nursing school at the University of Cincinnati in the fall and plans to continue to serve in La Ceiba, using his nursing skills at the clinic. I had the privilege of serving with Derek on his March trip and I asked Derek to share a few words about his experience. This is Derek's story.

I have now made two trips to La Ceiba, Honduras. Last year when I went I was shocked by the overwhelming poverty and how little the Honduran people owned compared to North Americans. On that visit our group helped build houses for 2 Honduran families. These houses made a world of difference for the families that received them. On my most recent trip this past March I learned so much more than I did on my first trip. This trip I realized how much Hondurans have that we don't have. In the U.S. we view wealth as only money, but Hondurans have wealth in family and faith. I learned that money truly isn't all that important. Total Health has made a difference in the Hondurans' lives by

helping provide them with better places to live and quality healthcare. But they have also made a big difference in my life by the life experiences and the people I have met along the way.

Derek Herman



Derek and his adopted Honduran family

Come see what it's like to experience what Derek talks about. Join a Total Health trip or let us plan a trip for your team. I promise you that it is an experience you will not regret, and not soon forget.

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